

# Peritoneal Dialysis (PD) Catheter & Exit Site Care<sup>1</sup>



## DAILY CARE



- Wash and dry your hands before starting exit site care.
- Remove the old dressing and check for signs of infection (redness, swelling, drainage, or soreness).
- Check your PD catheter and catheter extension set for cracks or tears.
- Wash your exit site with antibacterial soap from a pump dispenser bottle.
- Use a clean washcloth.
- Rinse well.
- Dry the area thoroughly.
- Apply a dressing if instructed to do so by your PD nurse.
- Secure your catheter and catheter extension set to your abdomen with tape or an immobilizer.

# PD Catheter & Exit Site Care<sup>1</sup>

## REMINDERS



- Once your PD nurse has determined that your exit site is healed, shower as frequently as directed.
- Wear clean clothes that are not too tight around the exit site.
- Do not put powders or lotions on your exit site unless instructed by your doctor or PD nurse.
- Do not pick at or remove scabs.
- Do not use scissors to remove old dressing or tape.



## IMPORTANT!

Call your center if your exit site is red, swollen, tender, or sore, and/or has drainage.

**Important:** Please refer to the Instructions For Use (IFU) for detailed information on device description, instructions, contraindication warnings, and precautions.

<sup>1</sup> Szeto C-C, et al. *ISPD Catheter-Related Infection Recommendations: 2017 Update*. *Perit Dial Int*. 2017;37(2):141-154. <https://doi.org/10.3747/pdi.2016.00120>

