



Emergency Guidelines

Plan Ahead for Emergencies

Your peritoneal dialysis (PD) nurse will review the procedure for discontinuing your PD treatment in an emergency. Keep the stay•safe[®] Connection and Disconnection Procedure for Automated Peritoneal Dialysis (APD) reference near your dialysis machine for quick reference.

- Discuss with your PD nurse where you would have dialysis in an emergency if you are unable to perform your dialysis at home. Your PD nurse will provide you with a dialysis center for backup dialysis and a hospital where you could have dialysis in an emergency. In some emergencies, it may be necessary to go to the nearest hospital.
- Keep a current list of all your medications.
- Keep a month's supply of all your medications on hand.
- If you work, keep a supply of all medications at your workplace.
- Keep a copy of important medical information such as allergies, medical conditions, and kidney doctor's name and phone number. Always carry the emergency number for your PD nurse on call.
- Obtain and wear a medical ID bracelet or necklace, if recommended by your doctor.
- Keep a three-day supply of canned or non-perishable food.
- Maintain an emergency supply of dialysis supplies at home, based on your dialysis center's instructions.
- Notify your PD nurse if your phone numbers have changed.

Emergency Guidelines



MAKE AN EMERGENCY BOX, INCLUDING:

- A copy of the stay•safe[®] CAPD procedure card
- A list of emergency phone numbers
- A battery-powered radio
- Extra batteries
- Flashlight or candles and matches
- A first aid kit
- A fire extinguisher
- Plastic forks, spoons, knives, paper plates, bowls, and cups
- Baby wipes or napkins
- Can opener
- Sharp knife
- Plastic jug filled with water or bottled water
- Hand sanitizer

[Ready.gov/sites/default/files/documents/files/checklist_1.pdf](https://www.ready.gov/sites/default/files/documents/files/checklist_1.pdf)

Important: This card is for informational purposes only and is not intended to be medical advice. Questions regarding treatment should be directed to your physician or qualified healthcare provider.

© 2022 Fresenius Medical Care. All Rights Reserved. Fresenius Medical Care, the triangle logo, stay•safe, and NxStage are trademarks of Fresenius Medical Care Holdings, Inc. or its affiliated companies. All other trademarks are the property of their respective owners. P/N 101794-01 Rev B 10/2022

